



Buckinghamshire Healthcare
NHS Trust

CANCER HEALTH AND WELLBEING EVENT

We will be holding a **FREE** Health and Wellbeing Day for anyone that has been affected by cancer. This is a fantastic opportunity for you to come along and speak to health care professionals for advice and support to help you live with and beyond cancer.

Each speaker will give an overview of Cancer Services provided in Buckinghamshire.

10:30 WELCOME COFFEE

11:15 Kate Lee - Cancer Information and Support

11:30 Kerry Boocock – Macmillan Oncology Advanced Physiotherapist

11:45 Christine O’Brien – Specialist Dietitian

12:00 Dr Rachel Holland – Macmillan Principal Clinical Psychologist

12:15 Alex Carter – Macmillan Citizens Advice

12:30 LUNCH

13:00 - Opportunity to visit Healthcare Information Stands

14:00 - Wellbeing Walk with Personal Trainer (optional)

To book a **FREE** place or for more information please call 01296 316954 or email bht.cancersupportoutreach@nhs.net

OUTSTANDING CARE

HEALTHY COMMUNITIES

AND A GREAT PLACE TO WORK

**Have you been
affected by cancer?**

**Need advice and
support?**

**Meet health
professionals**

FREE lunch

FREE parking

Red Kite Pavilion

London Rd, Aston Clinton,
Aylesbury HP22 5HL

**MONDAY
17TH OCTOBER
10.30 – 14.30**